



Week 2

Text: Psalm 77:1–20

Topic(s): God's Faithfulness

Big Idea of the Message: The psalmist's only path out of despair was to remember the goodness of God and to rely on him to be faithful in the present too.

Application Point: We frequently fall into the trap of despair when we contemplate our sin or the evil in the world, but we must remind ourselves of God's faithfulness in the past so that we can trust him in the present.

Discussion Questions:

- What are the things in the world that grieve your heart or make you lament?
- Do you feel comfortable sharing those feelings with other Christians? With God? Why or why not?
- Can you think of a time when you participated in a communal lament—at church or elsewhere?
- How does recounting our individual and community history with God help us regain perspective in times of despair? Can you think of a time you were able to do this? Or is this something you need to do right now?



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